



IHM Football Academy Information Pack

Welcome to IHM Football Academy

IHM Football Academy has delivered high quality football training since 2006.

The academy is FA affiliated, and is owned by International House Manchester, which is an accredited English Language school.

Our aim is to provide the best football training programmes for young international players, to help them reach their full potential.

We believe that training, studying and living in Manchester provides an unforgettable experience for our students. We want to help students to prepare for their future career, whatever that may be.



Learn about Manchester!

What's On Guide for Manchester

Timeout.com

Useful information for visitors

VisitManchester.com



Make Friends Today!



A lot of our current students follow us on:

- [Twitter](#)
- [Facebook](#)
- [Instagram](#)

Start to use your English and make friends before you arrive.

Before You Leave Home

-Please put the following information (please see your “Welcome Letter”) into your mobile phone:

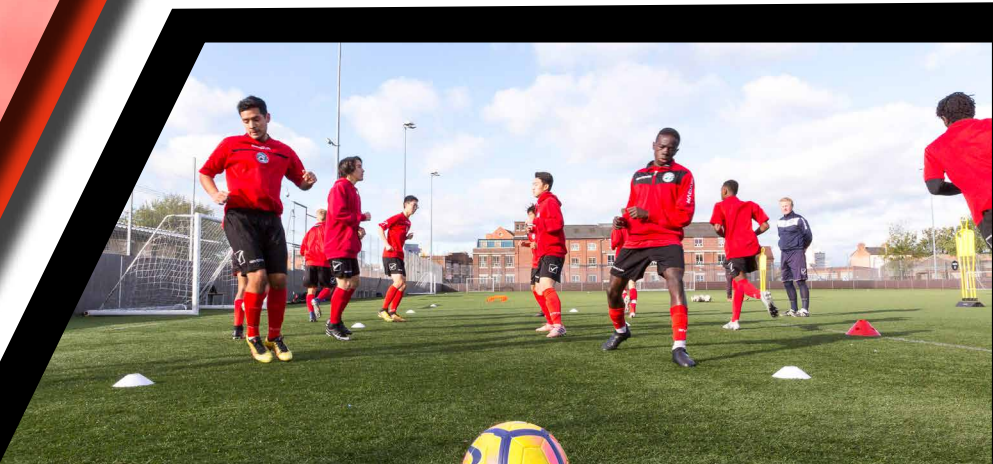
- The IH Manchester EMERGENCY 24 hour telephone number: + 44 1452 619 021
- The name, address (with post code) and telephone numbers (landline and mobile starting + 44) of your homestay host / hotel / student residence
- The UK EMERGENCY Services number – for Police, Fire Service or Ambulance: 999

-Read the [British Council Guide to Studying in the UK](#)



Travel Insurance

It is your responsibility to ensure your own personal travel /medical insurance covers you in the event of any incident/injury/mishap/loss. Whilst IHM may at times introduce players to clubs from various levels (grass roots through to professional teams) IHM cannot take responsibility for any injuries or losses sustained during participation in their activities. IHM does not provide or arrange personal insurance for students.



Packing Checklist

- Current Passport with Student Visa Stamp
- Copy of Passport & Birth Certificate (to be kept separately)
- Return Plane ticket (kept safe for your return)
- All original school enrolment documents and host family details (these will be required on first day registration at the school and at the UK border entrance.)
- ATM CARD or Travel Money Card
- Health Insurance Card/Policy Info
- Notebooks (for school) / Journal / Writing Utensils (pens & pencils)
- Laptop (Wi-Fi available in the school & host families)
- swimsuit and towel for shower after training
- Casual wear (jeans, dress shirts, shorts, tee-shirts, etc.)
- One or two smart outfits (for social activities)
- Winter Wear - winter coat, gloves, scarf if coming to Manchester in the winter
- Personal toiletries (tooth brush/paste, deodorant, comb, after shave, etc.)
- Medication for any existing medical conditions (please ensure that the course leader, coaches and host family are aware of these)
- mobile phone with suitable SIM card. SIM cards can be bought in the UK for most phones.

Soccer Specific Equipment Required:

- Soccer Boots, 2 pairs- Hard Ground (moulded studs) and soft ground (metal/long studs)
- Soccer Flats or Indoor soccer shoes
- Running Shoes (not fashion trainers)
- Flip-flop sandals & Bathrobe (showering)
- Shin guards & tape (players will not be permitted to train/play without them)
- Soccer gear for personal training
- Soccer shoe polish, shoe brush, etc (players are expected to maintain high standards at all times)

NB – please do not arrive with brand new boots as this could create injury and cause you problems in the first few sessions. Please ensure you have worn in your footwear

Arriving in Manchester

- Have your Letter of Acceptance and Welcome letter ready to show at immigration
- Keep your boarding card safe and bring this to school on your first day
- Follow the airline and immigration information about items that you cannot bring to the UK. [More information here.](#)
- Read the information we provide about where to find your driver, if you have requested an airport transfer.

Manchester Airport Taxi Transfers



If you asked us to arrange transfers for you on arrival, please read the instructions in your welcome letter to find your driver. If you are aged under 18 then the driver will normally meet you in the Arrivals Hall.

If you are aged 18+ then we can reserve a taxi for you with STREETCARS (please request this when you book your course) – they have an office in each terminal. Photos of the STREETCARS offices at the airport can be to the right.

Alternatively, Manchester airport has good transport links with plenty of bus services and train services, to find out more information please have a look at the Manchester Airport website.

[Manchester Airport Website](#)

Terminal 1



Terminal 2



Terminal 3



If you did not book a Manchester Airport taxi transfer

If you would now like to book a taxi, please ask at the StreetCars desk and they will be happy to help you.

Accommodation

We can arrange homestay or residence accommodation for you. If you are under 18, you must stay with a host, but if you are aged 18+ you can choose residence or your own private accommodation.

Homestay Accommodation

What to Expect

- A clean bedroom equipped with a bed and storage for your clothes
- A desk or table somewhere quiet to do your homework
- Access to a bathroom
- Fresh towels and bed linen each week
- Weekly laundry arrangements
- Your host will treat you as part of their family. They will invite you to spend time with them, and it is good manners to offer to do some chores in the house, such as setting and clearing the table at mealtimes
- You are welcome to bring photos to show your host of your family and country
- If you have any problem, you can speak to our welfare officer Julie (email/whatsapp)
- Your host might have a different religious or ethnic background to you. You do not have to participate in your host's religious life, and you are free to continue with yours.
- Your host will provide breakfast and evening meals Monday - Friday, and all meals at the weekend. Please do not help yourself to food unless your host says you can, and do not use the kitchen for cooking your own meals



Homestay House Rules

- A homestay is not a hotel. Please respect the rules that apply in your new home.
- Always keep your room tidy and do not eat in your room.
- Lock the house door and shut the windows in your room when you leave the house in accordance with your house rules. DO NOT keep your key with your host's address in case they get lost.
- If you wish to invite friends or schoolmates, always ask your host for permission before bringing them home.
- No loud noise, music or speaking on the phone at night.
- Alcohol, smoking and drugs as well as bad language are prohibited.
- On arrival, please give your host your mobile/whatsapp number
- Always call your host if you are going to be home later than planned, and give them plenty of notice if you will miss the evening meal
- Curfew information -Students under the age of 18 must be at home before 9pm every day without exception. If you are not home by this time and your host or the school have not heard from you, your family will be alerted and the school will look for you. The police might also get involved if this does not get solved quickly.
- Students over the age of 18 do not have to come home at any particular time but it is important to inform your host of an approximate time when you will be home and to be quiet if you arrive home late.

[Please see our website for more information about homestay.](#)

Your First Day

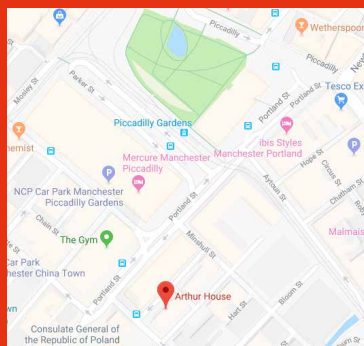
IH Manchester is a friendly and welcoming school where you will soon make new friends. We are waiting to meet you and show you around.

How to find us

IHM Football Academy / IH Manchester
School telephone: + 44 161 288 0212
24 /7 telephone: + 44 1452 619 021

5th Floor, Arthur House
13 – 15 Chorlton Street
Manchester M1 3FH

It's easy to find International House Manchester!
Trams (METRO) and most buses arrive in Piccadilly Gardens. Piccadilly train station is only a 5 minute walk from the school.



Remember!!

You must bring your passport and boarding card with you on the first day to be able to begin your course.

The School



Induction

Your induction will usually start at 9.30am. We will show you around the school and you will meet all the staff. Then we will give you a tour around Manchester city centre, before you start your classes and training. Please bring your football kit to the school on the first day.

The Football Programme

Our aim is to develop players in a supportive and safe environment, and to encourage them to reach their full potential. We also want our students to enjoy their course with us, while working hard to continue their personal development. Learn more about:

The IHM Football Academy playing philosophy

Playing system

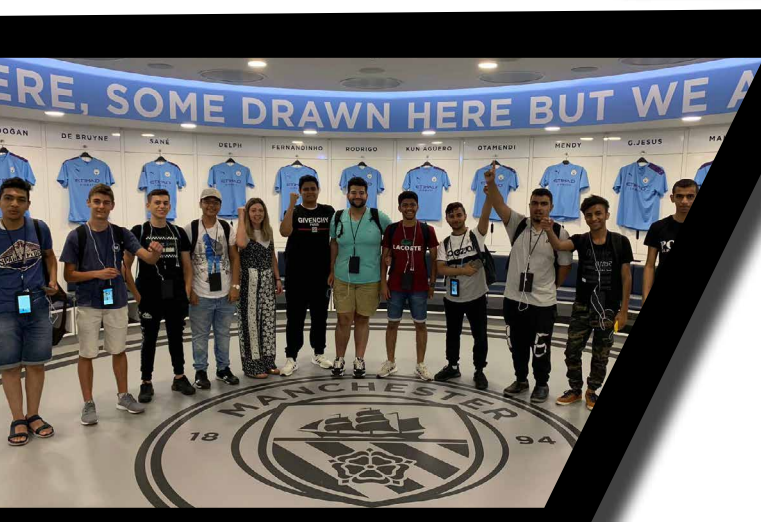
Training topics

Fitness testing

[Learn more on our website here](#)



Social Activities



We provide a weekly programme of activities. You can sign up for activities in school or [online here](#). Some of the activities are free, and some cost around £50 (full day trip to another city). Some activities are led by our staff, and some are organised and led by [Smile Adventures](#).

General Advice and Information

Safety in Manchester

The UK is generally a very safe place to live, but it is important to be aware of sensible precautions.

- Keep your house keys in your pocket; don't keep your keys with your address in case you lose them!
- Never leave home without the IH Manchester emergency telephone number.
- Take care if walking home or in the city centre after dark
- Do not walk around holding your mobile phone or wallet in your hand.

If you need to speak to us outside of school hours please call: **+ 44 1452 619 021**



Religion

Manchester is a diverse city and caters for a wide variety of cultures and religious beliefs. As well as the Anglican and Catholic cathedrals within Manchester city centre, there are churches, mosques and other religious centres located all over the city. Our reception staff will be happy to assist you in finding suitable places of worship.

Student Health

We believe that safety and enjoyment are equally important when studying at IH Manchester.

Students should make sure that they have their own insurance in place before they travel to Manchester to start their course.

We recommend that you register with your local doctors surgery after you arrive. We can advise you about this at school.

If you have a small health problem, you can see a doctor at the walk-in centre. These centres deal with:

- Minor illnesses
- Minor injuries
- Emergency contraception

You don't need an appointment – just go to reception, give your details and a doctor will see you when they are available.

[Click here for details of walk in centres in Manchester.](#)

Covid-19 Guidance

Please click here to see our full [covid-19 guidance and frequently asked questions.](#)

Administration - School Letters

Council Tax – If you are in private accommodation, you might have to pay Council Tax. Long-term full-time students (studying more than 21 hours a week for more than a year) might not have to pay – ask the school reception for a Council Tax Letter.

Embassy – (Government Sponsored Students Only)
We can give you an offer letter for your embassy.

Police Registration – On arrival in the UK some students must register with the Police. If you look at your immigration entry stamp, on your visa or entry clearance sticker it will tell you if you need to register. You will need two passport photos, £34.00 and a letter from the school. We will write a letter for you confirming that you are a full-time student at the school.

Bank Letter – When you arrive at school, we can advise you about online bank accounts which are available for international students. Please also see our website for details.

If you want more advice or information on any of the above, please speak to Reception at the school.

